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National Resources

Military OneSource

Website: <http://www.militaryonesource.mil/#>

Overview: Military OneSource is a Department of Defense-funded program providing comprehensive information on every aspect of military life at no cost to active duty, Guard and reserve service members, and their families. Information includes, but is not limited to, deployment, reunion, relationship, grief, spouse employment and education, parenting and child care, and much more.

Eligibility: Everyone

Call 1-800-342-9647 for resources tailored for your specific needs

EANGUS – We Care for America

Website: <http://www.eangus.org/?page=WeCareForAmerica>

Overview: The Enlisted Association of the National Guard of the United States (EANGUS) has established the We Care For America (WCFA) Foundation Inc. One part of the WCFA Foundation Inc. is the National Guard Soldier and Airmen Emergency Relief Fund. Distribution amounts vary.

Eligibility: Must be a member of EANGUS for eligibility in this program.

Supporting Documents: Emergency Relief SOP and Grant Application:
http://www.eangus.org/resource/resmgr/wcfa_sop__grant_application.doc

American Legion - Temporary Financial Assistance

Website: <http://www.legion.org/financialassistance>

Overview: Since its establishment in 1925, The American Legion Temporary Financial Assistance (TFA) program has awarded cash grants to minor children of veterans who are eligible for American Legion membership.

Eligibility: TFA is limited to minor children (17 years or younger) whose biological parent, or legal guardian, is a veteran and is, or would have been, eligible for American Legion membership. However, Legion membership is not required.

Disabled American Veterans Auxiliary (DAVA)

Website: <http://auxiliary.dav.org/membership/Programs.aspx>

Overview: Their program was established to assist those who find they are temporarily unable to meet outstanding financial obligations such as utility bills, mortgage payments, hospital bills, etc. One-time financial assistance up to, but not more than, \$1,000 is available. Assistance is

limited to one grant per household.

Eligibility: Must be an Auxiliary Member in good standing for at least one year and the amount granted shall be based on financial need, length of membership and funds available.

To find your local DAVA unit, visit <http://auxiliary.dav.org/membership/FindUnit.aspx>

Hope Now – Homeowner’s Programs

Website: <http://www.hopenow.com/>

Overview: HOPE NOW is an alliance between counselors, mortgage companies, investors, and other mortgage market participants. This alliance will maximize outreach efforts to homeowners in distress to help them stay in their homes and will create a unified, coordinated plan to reach and help as many homeowners as possible. The members of this alliance recognize that by working together, they will be more effective than by working independently.

If you think you may be in danger of foreclosure, it is time to call the Homeowner's HOPE™ Hotline at **888-995-HOPE™**, a counseling service provided by the Homeownership Preservation Foundation. The sooner you call, the sooner you can regain your peace of mind. Remember, you're not alone. Millions of people across the United States have trouble with their mortgage every year. Since 2002, the HPF network of counselors has provided advice and education to more than 500,000 homeowners.

Eligibility: Everyone.

Supporting Documents: HOPE NOW has been offering assistance to homeowners since 2007 and 5.7 million have received loan modifications from our mortgage servicing members. To learn all about HOPE NOW, download brochure:

http://www.hopenow.com/pdf/HN%20Brochure%20Final_spreads.pdf

Operation Homefront

Website: <http://www.operationhomefront.net/default.aspx>

Overview: Operation Homefront (OH) provides emergency financial and other assistance to the families of our service members and wounded warriors.

Eligibility: DEERS dependents of service members who are active duty, wounded/ill/injured, deployed and experiencing a financial hardship

Salvation Army

Website: <http://www.salvationarmyusa.org>

Overview: Family Service Programs help families and needy individuals with emergency food, housing, utility assistance and other temporal needs.

Salvation Army programs vary with local needs. For information on specific programs and locations, contact your local Salvation Army Corps Community Center by doing a zip code search in our website's (<http://www.salvationarmyusa.org>) Location field near top right of page.

Eligibility: Anyone with a documented need.

Good Will

Website: <http://www.goodwill.org/>

Overview: They will assist connecting you with other community resources, like childcare, reliable transportation, and financial planning.

Goodwill can also help you find childcare options, reliable transportation or provide access to counseling services, if needed. If Goodwill doesn't provide the service, they can locate other community organizations that do.

Eligibility: Veterans and Military Families: Goodwill helps you and your military spouse find employment, health services and skills for entering or reentering the workplace.

Easter Seals

Website: www.easterseals.com

Overview: Community OneSource bridges that disconnect by connecting Veterans with contacts at the organizations which will meet their needs. Veterans and their families who request information or assistance from Community OneSource will be presented with the public, private, and not-for-profit resources most suited to their needs.

Eligibility: Community OneSource is open to all veterans, mobilized reservists and their families at no charge. Emphasis is always placed on identifying local resources whenever available.

WIC

Website: <http://www.fns.usda.gov/wic>

Overview: WIC provides supplemental foods, healthcare referrals, nutrition education, and breastfeeding promotion and support to low-income pregnant, breastfeeding, and postpartum women, and to infants and children up to age five who are found to be at nutritional risk. To apply for WIC benefits, you must make an appointment at your WIC local agency.

Length of Participation: WIC is a short-term program. Therefore, a participant will "graduate" at the end of one or more certification periods. A certification period is the length of time a WIC participant is eligible to receive benefits. Depending on whether the individual is pregnant, postpartum, breastfeeding, an infant, or a child, an eligible individual usually receives WIC benefits from 6 months to a year, at which time she/he must reapply.

Eligibility: Applicants must meet all of the following eligibility requirements:

Categorical

Residential

Income

Nutrition Risk

WIC Prescreening Tool is available to assist you in determining your eligibility:

<http://wic.fns.usda.gov/wps/pages/start.jsf>

Contact the WIC State or local agency serving your area, to schedule an appointment.

SNAP

Website: <http://www.fns.usda.gov/snap>

Overview: SNAP offers nutrition assistance to millions of eligible, low-income individuals and families and provides economic benefits to communities. SNAP is the largest program in the domestic hunger safety net. The Food and Nutrition Service works with State agencies, nutrition educators, and neighborhood and faith-based organizations to ensure that those eligible for nutrition assistance can make informed decisions about applying for the program and can access benefits. FNS also works with State partners and the retail community to improve program administration and ensure program integrity.

Eligibility: For households in the 48 Contiguous States and the District of Columbia from October 1, 2012 through September 30, 2013, to get SNAP benefits, households must meet certain tests, including resource and income tests:

Resources

Income

Deductions

Employment Requirements

Special Rules for Elderly or Disabled

Immigrant Eligibility

Fannie Mae

Website: <http://www.fanniemae.com/portal/index.html>

The tool at <https://www.knowyouroptions.com/loanlookup> helps you quickly determine if Fannie Mae owns your loan. If Fannie Mae does, you may be eligible for programs designed to make your mortgage more affordable—like the Home Affordable Refinance Program (HARP) or the Home Affordable Modification Program (HAMP)—or for other programs available exclusively to Fannie Mae borrowers.

Housing Counselors

What is a housing counselor?

A HUD-approved housing counselor is an experienced, trained professional who can advise you on preventing foreclosure, buying a home, protecting your credit, and other issues. The U.S. Department of Housing and Urban Development (HUD) sponsors housing counseling agencies throughout the country and counseling is available in many languages.

Why work with a counselor?

A Housing Counselor Will:

Explain what documents you will need to provide to your mortgage company and may be able to contact the mortgage company on your behalf

Help you make a budget so that you can meet your monthly mortgage payment and other expenses

Provide information about local resources that may be helpful to you

A housing counselor can talk to you about your situation and help you decide what mortgage options are best for you, whether you are concerned about falling behind on your mortgage or are preparing to buy a home. There is no charge to work with a HUD-approved housing counselor—help is free!

If you have missed any mortgage payments, are about to miss a payment, or if your loan already has been referred to an attorney for foreclosure, a HUD-approved housing counselor can help you assess your circumstances, identify your options and prepare you to talk with your mortgage company.

Find a counselor

The U.S. Department of Housing and Urban Development (HUD) sponsors housing counseling agencies throughout the country and counseling is available in many languages.

Find a housing counselor on the HUD.gov Website

Find a foreclosure avoidance counselor on the HUD.gov Website

Remember, there is no charge to work with a HUD-approved counseling agency—help is free!

Before you call

Gather your financial information Make sure you have your basic financial and loan information on hand when you call. You'll need:

Your mortgage statements, including information on a second mortgage (if applicable)

Your other monthly debt payments (e.g., car or student loans, credit card payments), and

Your income details (paystubs and income tax returns).

Explain your current situation. Be ready to outline your current hardship and explain why you are having trouble making your mortgage payment, and if this is a short-term or long-term problem. Your mortgage company will need to understand the reasons why you are having difficulty in order to find the right solution for you.

Eligibility: Everyone who owns a house.

National Foundation for Credit Counseling (NFCC)

Website: <http://www.nfcc.org/>

As the nation's largest financial counseling organization, the NFCC Member Agency Network includes more than 700 community-based offices located in all 50 states and Puerto Rico. NFCC Member Agencies provide financial counseling and education to millions of consumers each year in person, over the phone, or online. To locate an NFCC Member Agency in your area call 800-388-2227.

Eligibility: Everyone.

TSP Loan

Website: <https://www.tsp.gov/planparticipation/loans/loanBasics.shtml>

Overview: The TSP Loan program allows you to borrow money from your account while you are employed by the Federal Government or while you are a member of the uniformed services. Before taking out a TSP loan, you should carefully consider its potential effect on your retirement income.

How a TSP Loan Works

When you take a TSP loan, you borrow from your TSP account. The amount of your TSP loan cannot exceed the amount of your own contributions and earnings from those contributions. So, if you work under the Federal Employees' Retirement System (FERS), you cannot borrow from any agency contributions or earnings from those contributions.

If you meet the loan eligibility rules and your loan request is approved, the loan amount is removed from your TSP account. You must repay your loan with interest. Repayments for the loan and interest are generally made through payroll deductions. Your repayments restore the amount of your loan, plus interest, to your account.

General Purpose Loan

May be used for any purpose

Requires no documentation

Has a repayment term of 1 to 5 years

The minimum TSP loan amount is \$1,000.

Eligibility: To be eligible for a loan, you:

Must be employed by the Federal Government or a member of the uniformed services.

Must be in pay status because repayments are set up as payroll deductions.

Can only have one outstanding general purpose loan and one outstanding residential loan from any one TSP account at a time.

Must have at least \$1,000 of your own contributions and earnings in your TSP account (agency contributions and earnings cannot be borrowed).

Must not have repaid a TSP loan of the same type in full within the past 60 days. (If you have both a civilian TSP account and a uniformed services TSP account, the 60-day waiting period applies separately to each account.)

Must not have had a taxable distribution of a loan within the past 12 months unless it was the

result of your separation from Federal service.
Must not have a court order against your TSP account.

US Soldier Foundation

Website: <http://www.ussoldiersfoundation.org/>

Overview: The Foundation can provide grants or interest free loans to help Soldiers and family members with unexpected events.

Eligibility: Active military personnel of all branches of the service, veterans, and their families

Armed Forces Foundation Family Assistance Program

Website: <http://www.armedforcesfoundation.org/aff-programs/family-assistance-program>

Overview: The Family Assistance Program awards financial assistance to military. Families must apply for assistance through the website and are accepted based on their need in relationship to monthly income. The Armed Forces Foundation helps families cover such expenses as:

Utility bills

Rent or mortgage payments (for civilian housing)

Car payments

Childcare during illness, surgery or recovery

Car insurance or registration payments

Eligibility: Service members and their families facing financial hardship through injury and other service related situations

American Red Cross Armed Forces Emergency Services

Website: <http://www.redcross.org/what-we-do/support-military-families>

1-877-272-7337

Debbie Seifert-520-228-7205

John Roseberry-520-228-7206

Overview: The American Red Cross' unwavering commitment to members of the U.S. military, its veterans and their families continues to grow and develop more than a century after Clara Barton first recruited nurses to support the U.S. Army. Today, the Red Cross is meeting the needs of a changing military and expanding services to veterans. Red Cross support of military members and their families enhances morale and contributes to increased operational capability in several ways:

Linking families during an Emergency

Connect Families with Local Community Resources

Providing Resiliency Training

Supporting Wounded Warriors and Military Hospitals

Eligibility: military members and their families

USA Cares

Website: <http://www.usacares.org/>

Overview: USA Cares exists to help bear the burdens of service by providing post-9/11 military families with financial and advocacy support in their time of need. Assistance is focused on

three main areas:

Removing the financial barriers that prevent veterans from receiving treatment for Post-Traumatic Stress and Traumatic Brain Injury. This program is saving the lives of veterans and restoring families

Removing the financial barriers that prevent veterans from securing employment

Providing emergency financial assistance to veterans and active duty service members who sustain a significant reduction in pay because of their service

Eligibility: USA Cares **Emergency Assistance** program offers post-9/11 service members, veterans and their families assistance with utility bills and even provides emergency food assistance. It is not unusual for National Guard members or Reservists to suffer a significant loss of income when being called to active duty, and many return home from deployment with the task of finding a new job. For some families, an error in pay or delays in processing cause them not to receive income—a situation that may not be corrected for weeks.

VFW

Website: <http://www.vfw.org/Assistance/>

Overview: The VFW is here for you. Whether your family needs help while you're deployed, or you're looking for assistance finding a job, getting a home loan, anything to enjoy the American way of life you've earned, we've got your back.

Eligibility: Must be a VFW member for minimum of one year.

USAA Educational Foundation

Website: <https://www.usaaedfoundation.org/>

Overview: The USAA Educational Foundation is a nonprofit, tax-exempt 501(c)(3) organization that provides consumer information to the general public. Since 1989, The USAA Educational Foundation has published information on important personal and financial issues.

The mission of The USAA Educational Foundation is to help consumers make informed decisions by providing information on financial management, safety concerns and significant life events.

Educational publications have been developed for you, the consumer. Our publications are free to individuals and organizations.

Eligibility: Everyone

Military personnel foreclosure program

Military personnel can greatly benefit from a program that was put into place that helps service members avoid a foreclosure. The **Service Members Civil Relief Act** is the regulation in place that offers military personnel foreclosure and mortgage help. Find more details on the program below, but the bottom line is that this federal government act protects any active military personnel from losing their home to foreclosure unless the loan servicer can get a court order. It will also reduce the interest rate on their mortgage.

The Service Members Civil Relief Act will help those military service members who have had a mortgage obligation prior to enlisting in the military or prior to them being recalled to active duty. The program applies to all branches, including the Navy, Army, Navy, Marine Corps, Coast

Guard, and Air Force. It applies to others who directly support the armed services, and even reservists are eligible to receive assistance.

Financial Institutions

Contact your financial institutions, you may qualify for low/no-interest loans or deferred payments.

Arizona Resources

Joint Family Support Assistance Program

Jason Reiman-602-361-9462

Overview: Provides personal financial counseling through the Military & Family Life Counseling Program.

Eligibility: Everyone

Arizona National Guard Relief Fund

Website: https://www.usaa.com/inet/ent_logon/Logon

Overview: The Arizona National Guard Emergency Relief Fund (hereafter referred to as the AERFund) was established to provide short term, emergency financial assistance to eligible personnel. Applications can be submitted for emergencies when the situation can reasonably be expected to be remedied with one-time assistance. The AERFund can provide AZ Army and Air National Guard members with assistance in the form of interest-free loans or grants. The AERFund is dedicated to "helping us take care of our own," and provides a valuable means to assist and improve the morale and welfare of our National Guard members.

Eligibility: Varies

Federal Employee Education & Assistance Fund

Website: www.feea.org

1-800-323-4140

Overview: FEEA's Emergency Assistance Program provides confidential grants and no-interest loans to federal employees facing unexpected financial hardships.

Eligibility: Technicians only

Need Help Paying Bills

Find programs and ways to get help with paying bills and debts, and an extensive list of how to get help and save on groceries, insurance, child care expenses and more. Also find free government grants and low income assistance programs.

Visit: www.needhelppayingbills.com/index.html.

Utility Assistance

Federal funds are distributed to assist eligible customers in paying heating and cooling bills. Eligibility factors include household size, total household income, heating source and type of

dwelling. To determine eligibility, obtain an application for assistance or to receive more information about the program, contact your utility company.

Community Action Service Centers

City of Phoenix - Human Services Department

Address is 200 West Washington
Phoenix, Arizona 85003
(602) 262-4520

Can help people apply for a number of public and government assistance programs, such as food stamps and TANF. This is a leading organization for the unemployed and low income families to call for information.

Coconino County Community Services Department

2625 N. King Street
Flagstaff, AZ 86004
Telephone number is (928) 679-7425

Community Action Human Resources Agency – Pinal County

Address: 109 N. Sunshine Boulevard
Eloy, AZ 85131
Call (520) 466-1112 for intake.

Gila County Community Action

5515 S. Apache Avenue, Suite 200
Globe, AZ 85501
(928) 425-7631

Glendale Community Action Program

5949 W. Northern Avenue, Suite 205
Glendale, AZ 85301
Phone – (623) 930-2854

Maricopa County Human Services Department

Location is 234 N. Central Ave., Suite 3000
Phoenix, AZ 85004-2208
(602) 506-5911

Mesa Community Action Network (MesaCAN)

Address - 868 E. University Drive
Mesa, Arizona 85203
(480) 833-9200

Services offered include foreclosure counseling, LIHEAP applications, and job programs. Call to speak to a case manager to learn about assistance programs offered.

Northern Arizona Council of Government

Main address - 119 E. Aspen Avenue
Flagstaff, AZ 86001
Telephone: (928) 774-1895
Covers Apache, Navajo, Yavapai, and Coconino County.

Southeastern Arizona Community Action Program, Inc.

283 W. 5th Street
Safford, AZ 85546

Telephone: (928) 428-4653

Supports the low income in the Southeast portion of the state, including Cochise, Graham, Santa Cruz, and Greenlee.

Western Arizona Council of Governments

Main address - 224 South 3rd Avenue
Yuma, Arizona 85364

Telephone number is (928) 782-1886

The non-profit for Yuma, LaPaz, and Mohave County.

Arizona Foreclosure Help Line

In addition to the government programs mentioned above, homeowners in Arizona who either face foreclosure or are delinquent on their mortgage now have a new, dedicated 24/7 toll-free help line (1-877-448-1211) to help reach a [mortgage counselor](#).

This Arizona foreclosure help line, which was made possible due to a \$1.5 million federal grant, will provide a vital link between those families who are having difficulty in paying their mortgage and home loans (and are facing a crisis) and access to free foreclosure counseling appointments.

Lawyers Helping Homeowners Program

This is another option for Arizona families. Lawyers across the state are volunteering their time to assist homeowners and trying to help them avoid losing their home to foreclosure. The attorneys are working directly with lenders, banks, and homeowners to find a solution. [Learn more](#) on this option.

Other efforts undertaking in Arizona to stop and aid the mortgage foreclosure crisis in Arizona include:

The Arizona Department of Housing's Eviction and Foreclosure Prevention program was expanded from from \$2.75 million to \$4.2 million. The state also provided an additional \$500,000 to support additional outreach in highly impacted areas.

Additional mortgage foreclosure counselors and attorneys are being trained across the state.

Foreclosure Prevention Workshops for at-risk homeowners are being held throughout Arizona. Read more below.

Housing Arizona Initiative - This assistance program provide almost \$14 million in State Housing Trust Fund resources to assist those who are trying to hold onto their homes, and to also help those who have no homes or pathway off the streets in these difficult times.

Arizona Hardest Hit Fund

The Arizona Department of Housing is receiving hundreds of millions of dollars from the federal government to provide mortgage and foreclosure help to tens of thousands of homeowners across the

state. The program is known as the hardest hit fund, and it will be made up of various components and provide homeowners with multiple services and resources. [Learn more](#) on the hardest hit fund.

Non-profit foreclosure counseling in Arizona

Find a listing of non-profit housing counseling agencies to contact for help. These [Arizona HUD](#) approved foreclosure counseling locations can provide information on mortgage assistance programs and other solutions for homeowners.

Local-Tucson-Resources

Pima County Community Action Agency

Rosemary Cora Cruz-520-243-6777

Overview: Provides various services including emergency food, shelter, prescriptions, eye glasses, rental and transportation assistance.

For rent and utilities, call 520-243-6688

For assistance with water bills, call 520-243-6770

Eligibility: Varies with type of assistance

Interfaith Community Services

North side location-520-297-6049

East side location-520-731-3076

Overview: Provides various services and assistance programs.

Eligibility: Must call and make an appointment, so program and assistance can be assessed.

Society of St Vincent de Paul

520-622-2822

Overview: Provides various services including emergency financial, food, shelter, rent/mortgage and transportation assistance.

Eligibility: Everyone

Catholic Community Services of Southern AZ

520-624-6452

Overview: Provides referrals to public aid, food pantries, thrift stores, and limited amounts of emergency cash assistance for bills.

Eligibility: Everyone

Emergencies Services Network

Overview: Many services are available through the ESN which provides a safety net of service that encourage and promote self-sufficiency to residents of Pima County. The network is made up of the following agencies. Contact them for specific program and eligibility requirements.

Tucson Urban League

2305 S. Park Ave.

520-791-9522

Pimavera Foundation

151 W. 40th St.

520-884-5244

Chicanos Por La Causa

200 N. Stone

520-882-0018

Tucson Indian Center

97 E. Congress

520-884-7131

Arizona Housing & Prevention Services

(evening/weekend appointments)

520-498-4613 (voice mail)

Project PPEP

806 E. 46th Street

520-622-3553

Community Food Bank Locations

AGENCY	ADDRESS	TELEPHONE #	HOURS	ZIP
AMADO FOOD BANKMildred Lopez Feliciano	28720 S Nogales Hwy POB 729	398-2942398- 2261Fax	M,Tu,W, F 8 am-1 pm Thurs 8 am – 5 pm	85645
GREEN VALLEY FB Mary Jane Goodrick	250 E Continental,Ste 101	625-5252625- 5692 Fax	M, W, Thur, F 9 am-12:30 pm Tues. 9 am– 4:30 pm	85614
MARANA FOOD BANKLinda Hampton	11734 W Grier RdP O Box 70	682-3001682- 4136 Fax	Tue, Th, F 10 am- 3pm Wed 10 am – 6 pm Sat, 9 am – 12 pm Closed 1st business day of month	85653, 654,658
NOGALES FOOD BANKArthur Espinoza	2636 N Donna Ave	520-281-2790	Tues. – Fri. 9 am-1:30 pm 1st Sat. of month 9 am-12 pm	85621
CARING MINISTRIES	820 W Calle Sur	882-2645670- 1038 Fax	Mon. – Thur 1:30 – 4 pm	05
CATALINA RESOURCECENTER	3535 E Hawser St	825-0009825- 6899 Fax	M,Tu,Th, F 8:30 –12:30 pm Wed 8:30 am – 4:30 pm	85739
CDO ASSEMBLY OF GOD	2950 W Lambert Lane	742-1168	Wed & Sat 9 am – 12 pm	42
CHRIST CHURCH UM	655 N Craycroft	795-3624327-	Mon – Fri	11, 12

		2232 Fax	9 am – 12 pm	
COMMUNITY FOOD BANK	3003 S Country Club	622-0525624-6349 Fax	Tues. – Fri 9 am – 4:30 pm Sat 9 am – 1:30 pm	13
FLOWING WELLS FAMILY RESOURCE CENTER	4545 N La Cholla	696-8614	By appointment only	05
FRIENDS OF ROBLES	16150 W Ajo Way	578-3063	Wed & Fri 10 am– 3 pm Tues 3 – 6 pm	35, 36
GOOD SHEPHERD CHURCH	17750 S La Canada dr	625-1375	Thurs. 3-5 pm Sat. 10-12 pm	629
GOSPEL RESCUE MISSION	326 W 28th St.	740-1501	Mon. – Fri 9 am – 12 pm 1 – 4 pm	13
GRACE'S JOSEPH'S PANTRY	2331 E Adams St	327-6857327-1347 Fax	Mon – Fri 9 am – 12 Noon	19
INTERFAITH COMMUNITY SERVICES	2820 W Ina	297-6049797-3029 Fax	Mon – Fri 9 am – 1 pm Sat. 9 am – 1 pm	04, 18, 41, 42
LITTLETON	6465 S Craycroft	574-2263574-2273 Fax	Mon –Thur 8 – 12 pm	06, 56
LIVING FAITH CHRISTIAN CENTER	4108 E. North St. (take Walnut Ave.)	722-2217	Thurs 1 pm – 5 pm	12
NEW SPIRIT LUTHERAN CH	8701 E Old Spanish Trail	296-2461	Tues & Thurs 1-4 pm Sat 10 am – 1pm	10
PASCUA YAQUI TRIBE	7474 S Camino de Oeste	879-5640 / 5647	Tues. & Thurs 9 – 2 pm Fri 9-12 pm Call First	46, 57
PIO DECIMO	848 S. 7th Ave	624-0551 X118622-4704 Fax	Mon. – Fri. 8 am-12 pm 2-4:30 pm	01, 13
PRIMAVERA RELIEF & REF.	702 S 6th Avenue	623-5111 X 113	Mon 9 – 11:30 am Wed, Thur & Fri 9 am – 12:30 pm	01.13
PRIMAVERA WORKS / TA	151 w 40th Ave	882-9668	Tue, Wed, Fri 1 – 3 pm Closed 12 – 1 pm	85713
SALVATION ARMY – PRINCE	218 E Prince Rd	888-1299	Mon. – Thurs 9 am – 12 pm	05
SALVATION ARMY	1021 N 11th Ave	622-5411	Sat & Sun	ID

HOSPITALITY			12:30 – 3 pm	Required
STA. CRUZ LUTHERAN CH.	6809 S. Cardinal	883-2937 Church	Tues & Thurs 11 – 2 pm Wed 5pm – 8 pm	46, 57
ST. MONICA'S	212 W Medina	741-1230295-0339 Fax	Tues, Thurs, Sat 9-11 am By appointment only	56, 57
ST. PAUL'S UNITED UMC	8051 E Broadway	296-1927751-9314 Fax	Mon – Fri 9 am – 11:30 am	10, 15, 48
TRINITY PRESBYTERIAN CH.	400 E University Blvd.	623-2579 Church	Tues & Th 12 – 4 pm Sun. 12 – 2 pm	05
TUCSON AREA CHRISTIAN FELLOWSHIP	1212 S Palo Verde	325-2045546-1447 Fax	Thurs 1– 3 pm	11, 13
TUCSON INDIAN CENTER	97 E Congress Ste 101	884-7131	Mon. & Fri. 8:30 am – 4:30pm Wed 8:30 am – 11:30 am	01
GREATER VAIL COMM SV	13190 E Colossal Cave Rd	222-4966	Tues & Wed 9 am – 2 pm Th 2 pm – 6 pm	641
VICTORY WORSHIP CENTER	4716 Parkway near 25 61 W Ruthrauff (05)	293-6386293-1863 Fax	Tues & Thurs 9 am–12 pm 2 – 5 pm	05

MOBILE PANTRIES

AGENCY	ADDRESS	TELEPHONE #	Hours	ZIP
AJO	950 N Cameron	882-3298	1st Thursday of every month 9 am-12n	321
ARMORY SENIOR CENTER	220 S. 5th Ave	791-4865	4th Wednesday of every month 9 am – 1 pm	01
TUCSON HOUSE	1501 N Oracle	622-0525	3rd Wednesday of every month 11 am – 3 pm	05

Local-162nd-Resources

162nd Family Readiness Office

Rose Mardula-295-6880

The 162nd Family Readiness Office is there to help Airmen and families enhance their readiness and quality of life. Can assist with items such as nonperishable food items, diapers (limited amounts), food/fuel cards from Frys.

Civilian Personnel

MSgt Celina Rodriguez or TSgt Ramon Bracamonte-520-295-6898 or 520-295-6198

Overview: Your local Civilian Personnel Section is the first point of contact for the latest guidance on the furloughs. If you are considering part-time employment outside of the DoD, please coordinate with your Supervisor.

Chaplain, Father Mike Martinez

Contact: 520-295-6217

Director of Psychological Health, Ms. Diane Schiff

Contact: 520-295-6658

Local-Phoenix-Resources

Rent Assistance

Broadway Christian Church

Address - 7335 East Broadway

Mesa, Arizona

Phone number of the church - 480-981-0802

Mesa Community Action Network (CAN)

635 East Broadway

Mesa, AZ

480-833-9200

Offers extensive information on rent assistance, housing programs, and other support, such as food and debt counseling referrals.

Lutheran Social Ministries

Address - 5949 East University

City and state - Mesa, Arizona

Dial for rent help - 480-654-4539

St Bridget Catholic Church

2213 North Lindsay Rd

Mesa, AZ
Phone number - 480-807-1493

First Presbyterian Church

Address - 161 N Mesa Dr
Mesa, Arizona 85201

Call the church at (480) 964-8606 to learn how to get limited financial assistance for paying rent in Mesa Arizona.

A New Leaf's Mesa CAN635, E Broadway Rd., Mesa, AZ 85204-2023, phone (480) 833-9200, provides money for paying security deposits and rent. The non-profit provides financial assistance as well as case management services to low income families and individuals who are facing an emergency situation impacting their housing, such as needing rent help, eviction prevention, utilities, health, and safety. The agency can also assist with one month past due on rent or mortgage or first month's rent.

Save the Family

450 W. 4th Place
Mesa, AZ 85201
Phone 480.898.0228

First United Methodist

Location of the site is - 15 E 1st Ave
Mesa, AZ 85210
Dial for assistance - (480) 969-5577

Lutheran Social Ministry of the Southwest. 5949 E. University Drive, Mesa 85205. Call 480-654-4539. They offer limited financial assistance for bills and rent. Low income specific assistance programs.

Church of Jesus Christ of Latter Day Saints

2334 E Pueblo Avenue
Mesa, Arizona 85204
Call for help - (480) 827-0647

This is one of several Latter Day Saints in the area which may have rent help.

Church of Jesus Christ of Latter Day Saints (Miller Ward)

Church address - 933 E Brown Rd
Mesa, AZ 85203
Phone number - (480) 962-4517

Church of Jesus Christ of Latter Day Saints(Los Altos Ward)

2300 W Javelina
Address - Mesa, AZ 85202
Phone number - (480) 839-2275

Mesa area Church of Jesus Christ of Latter Day Saints (Alma Ward)

Address of this church is 2300 W Javelina
Mesa, Arizona 85202
Call for help - (480) 839-6512

Church of Jesus Christ of Latter Day Saints (Riverview Ward)

1718 N Date St

Address - Mesa, Arizona 85201

Call for help - (480) 655-1228

Mesa Community Action Network, Inc. – You need to make an appointment first. Can only call on Tuesdays. Dial 480-833-9200 x251. They offer an extensive amount of referrals to housing programs, eviction prevention, and even legal aid for landlord/tenant issues. Also, get information on where to apply for section 8 housing in Arizona here. [Learn more](#).

Salvation Army, located at 635 E. Broadway, Mesa Arizona, and phone number 480-833-8322, can offer Electric Bill Assistance, Financial and Rent Assistance, and access to the Project S.H.A.R.E. program.

Society of St. Vincent de Paul – If you need only short term financial support, and show that over the long term you can become self-sufficient, this organization may be able to help. They can provide emergency financial assistance and aid. 602-261-6856

First Presbyterian offers Limited Financial Assistance. Address is 161 N. Mesa Drive, Mesa 85201. Dial 480-964-8606 x105.

Get **Community Information & Referral** to housing programs from this non-profit. Call 602-263-8856

Catholic Charities Community Services, Phoenix

Primary address - 4747 North 7th Avenue

Phoenix, Arizona

Dial for help and hours - (602) 285-1999. [Get information assistance programs](#), including those in Mesa County.

Foundation for Senior Living, Phoenix

1201 East Thomas Road

Phoenix, Arizona 85014

Call (602) 285-1800

Community Food Bank Locations**Andre House**

213 S 11th Ave

Phoenix Arizona (602) 252-9023

Church on the Street

902 E McKinley

Phoenix Arizona

(602) 254-8302

Provides hot meals, information on local shelters, and other aid to the low income and homeless in the community.

Cochise County Children's Center

721 Gonzales Blvd
Huachuca City Arizona
Call for help - (520) 456-1000

Coconino County Flagstaff

Family Food Center
1903 N 2nd St
Flagstaff Arizona
(520) 779-4561

Call for information on government assistance programs such as food stamps, LIHEAP, WIC and the locations of food banks. The organization can provide referrals, advice, and other support.

Holy Trinity Monastery

Route 80 Mile Marker 302
St. David Arizona
Phone number - (520) 720-4642

Salvation Army

1461 Palma Dr.
Bullhead City Arizona (520) 758-3141

Several other Corp centers are located across Maricopa County, as indicated below. Resources available include clothing, food, thrift stores, and summer meals for students.

St. Vincent De Paul of Douglas AZ

529 - 11th St.
Douglas Arizona
Call the food bank - (520)-364-3637

The various locations across the region administer social and human services. The unemployed, working poor, senior citizens, and disabled are the primary beneficiaries. Some may have Meals on Wheels programs, medications, and surplus government commodities.

St. Vincent De Paul

614 Bartow Dr
Sierra Vista Arizona (520) 458-0500

St. Vincent de Paul/Dining Rooms - Phoenix

112 S 9th Ave
Phoenix (602) 495-3065

St. Vincent de Paul/Dining Rooms - Mesa

112 S 9th Ave
67 W Broadway
Mesa Arizona
(602) 649-0081

Sunshine Rescue Mission

(520)774-3512

Hot meals, shelter, personal hygiene items, and more.

The Haven

1107 E Adelaide St

Tucson Arizona

(520) 623-4590

The Love Kitchen, Inc.

1715 South Perrod Ln

Pinetop Arizona

Phone number - (520) 367-6505

Agape Network

602-234-6143

Hours of Operation - Fri a.m. 1st & 3rd Fridays of Month

2425 E Thomas Rd, Ste 6

Phoenix, Arizona 85064

All Tribes Assembly of God Church

Phone - 602-728-0699

Hours of Operation - 1st & 3rd Friday of Month 6:00

1710 W. Highland Ave.

Phoenix, Arizona 85015

Andre House of Arizona, Inc.

602-255-0580

11th Ave. & Jackson St.

Hours - Mon-Thu 5:30-6:30; Sat-Sun 5:30-6:30

213 S. 11th Ave.

Phoenix, Arizona 85007

Emergency food boxes, perishable fruits, vegetables, breads, and other support is provided.

Central AZ Shelter Services (CASS)

Dial for help - 602-256-6945

Physical Address - 230 S. 12th Avenue

Phoenix, Arizona 85007

Chicanos Por La Causa Senior Center - Casa Primavera

Phone - 602-272-0054

Hours of Operation - Mon-Fri 9:00-3:00

Physical Address - 1617 N. 45th Ave., Phoenix, AZ, 85035

Older adults can use a congregate meal site, and the homebound may have food and hot lunches or meals delivered. Also learn about programs for seniors such as Medicare and medical bill assistance.

Forgach House Domestic

Crisis Center./CCS

Sierra Vista (520) 458-9096

Church on Fillmore

Phone: 602-252-1423

Hours of Operation - Tue 9:00-12:00

745 W. Fillmore

Phoenix, Arizona 85007

Cultural Cup Food Bank

Phone number of the food bank - 602-266-8370

Hours of Operation - Mon 11:30-4:00; Tue 8:30-2:00; Wed 8:30-2:00; Thu 11:30-4:00; Fri 8:30-12:00

537 E. Osborn Rd., Ste #1

Phoenix, AZ, 85012

Some of what may be offered includes free emergency food boxes, sack lunches, and more.

Deer Valley Senior Center

Call - 602-495-3714

Mon-Fri 8:00-5:00

Physical Address - 2001 W. Wahalla Lane

Phoenix, AZ, 85027

Desert Christian Fellowship

Phone 602-861-4008

Church food bank hours - Sun 8:00-12:00

1445 W. Northern

Phoenix, Arizona

Desert West Senior Services

Phone - 602-495-3711

Hours of Operation - Mon-Fri 8:00-5:00

6501 W. Virginia

Phoenix, Arizona 85035

FIBCO Family Services, Inc.

Food bank phone number - 602-385-3900

Hours of Operation - Tue,Wed,Fri 10:30-1:30

Physical Address - 1141 E. Jefferson St.

Phoenix, Arizona 85034

First Pentecostal Church Community Center

Phone - 602-276-2126

Hours - Sat 9:00-11:00 or by appointment

Address - 2709 E. Marguerite Ave

Phoenix, AZ, 85040

Low income and struggling families can stop by this community center. Receive applications to public aid (food stamps and Commodity Supplemental Food Program - CSFP), free canned goods, and meals.

First Southern Baptist Church Benevolence Center

Phone - 602-242-6104

Hours of Operation - Wed 9:00-11:00
Physical Address - 3100 W. Camelback Rd., Phoenix, AZ, 85017

Gateway Church of God

Phone 602-267-0663
Hours of Operation Mon-Fri 9:00-1:00; Sunday Afternoon
Physical Address - 3400 E. Melvin St.
Phoenix, AZ, 85008

Highways & Hedges Ministries

Phone - 602-212-0850
Hours - Mon-Fri 9:30-5:00
Address - 2515 E. Thomas
Phoenix, AZ, 85016
Free food and groceries are distributed to low income families and the needy.

ICM Food & Clothing Bank

Phone - 602-254-7450
Hours - Mon-Sat 9:00-11:00
Address - 501 S. 9th Ave.
Phoenix, Arizona 85007
Clothing for children, school supplies, shoes, and more is offered. A pantry also provides free groceries, food, and nutritional support.

Life Bridge Resource Center

Phone - 602-864-3408
Hours of Operation - Tue 9:00-1:00; Thu 1:00-3:00
Physical Address - 7510 N. 27th Ave
Phoenix, AZ, 85051

Church on the Street

2141 W Madison
Phoenix
(602) 252-7444
Call the church food pantry for hours.

Living Streams Church Food Pantry

Phone - 602-957-7500
Hours - Mon-Thu 9:30-11:30
Physical Address - 7000 N. Central Ave.
Phoenix, AZ, 85020

Manzanita Senior Center

Phone - 602-262-4949
Hours of Operation - Mon-Fri 8:00-5:00; Lunch 11:30-12:30; Commodities 4th Mon
Food Bank Address - 3581 W. Northern
Phoenix, Arizona 85051
While the non-profit focuses on senior citizens, people of all backgrounds can get help and referrals. Home delivered and congregate meals are offered in Maricopa County. Continue reading [programs for seniors](#).

Bread of Life

3840 N 30th St.

Phoenix

Dial the food bank at - (602) 304-9044

Mount of Olives Lutheran Church

Call - 602-956-1620

Food bank/pantry hours. The center is open Weds 10:00-noon Thu 3:00-6:00

Address - 3546 E. Thomas Rd.

Phoenix, Arizona 85018

Neighborhood Ministries Inc.

Phone - 602-252-5225

Hours of Operation - Friday 9:00-12:00

Physical Address - 1929 W. Fillmore

Phoenix, Arizona 85009

Spiritual guidance, free food and meals, household goods, and more may be offered.

Open Door Fellowship Church

Phone - 602-242-4414

Hours of Operation - 9:00-11:30 a.m., 2nd & 4th Saturdays of each Month

Physical Address - 8301 N 19th Ave

Phoenix, AZ, 85021

Paradise Valley Emergency Food Bank

Phone - 602-867-9228

Physical Address - 10862 N. 32nd St.

Phoenix, Arizona 85028

If you are faced with hunger and need items in a hurry, call this food bank for help.

Caja de Comida para Niños

Phone - 602-263-1017

Hours of Operation - Mon-Fri 8:00-5:00

Physical Address - 4520 N. Central Ave., Suite 250

Phoenix, AZ

Rio Vista Center

Phone - 602-243-1866

Mon-Thu 9:00-11:30; Sun 11:00-12:00

Food center address - 1431 E. Southern Ave.

Phoenix, AZ, 85042

Salvation Army - Laura Danieli Sr. Activity Ctr.

Phone - 602-251-2006

Hours of Operation - Mon-Fri 8:30-3:30

Physical Address - 613 N. 4th Ave.

Phoenix, Arizona 85003

Salvation Army - Phoenix

Phone - 602-267-4122

Hours of Operation - Mon-Fri 12:30-3:30
Physical Address - 2702 E. Washington St.
Phoenix, Arizona 85034

The Salvation Army is one of the leading non-profit social service and charity organizations in the United States and the world. They can provide a number of assistance programs, including access to a food pantry, thrift store, and clothing closet. Some of what is distributed include meals, canned goods, and baby formula. Free Christmas assistance, such as gifts, clothing and toys is offered from programs such as Angel Tree. Some limited financial assistance for rent or cooling bills may be available as well. More on [Salvation Army in Phoenix](#).

Seventh Day Adventist Community Center-Central Phoenix

Phone - 602-258-9951
Hours of Operation - Mon-Tue-Wed 9:00-11:30
Physical Address - 1320 N. 15th St.
Phoenix, AZ, 85006

Society of St. Vincent de Paul

Phone - 602-261-6886
Hours of Operation - Breakfast 7:00-8:30; Lunch 11:00-12:45 (7 Days/Wk)
Physical Address - 1075 W. Jackson
Phoenix, Arizona 85007

South Mountain Community Center - Phone 602-262-4093

Hours of Operation - Mon, Tues, Fri 8:00-5:00; Third Thu of Month
Physical Address - 212 E. Alta Vista
Phoenix, AZ, 85042

South Phoenix Baptist Church - Bernard Black Ministries

Call for help - 602-268-2512
Church Hours - Tue, Thu 7:00-1:00; Sat Breakfast
Physical Address - 2006 E. Broadway Rd.
Phoenix, Arizona 85040

St. Mary's Food Bank Alliance

Phone - 602-242-3663
Hours - Mon-Fri 9:00-4:00
Address - 2831 N. 31st Avenue
Phoenix, Arizona 85009
Partners with many Maricopa County charities and non-profits to help low income families, the elderly, and working poor. Donated items, including food and more, are distributed.

St. Stephen's Episcopal Church

Phone - 602-840-0437
Hours of Operation - Wed 9:00-12:00
Pantry and church address - 2310 N. 56th St.
Phoenix, Arizona 85008

Tanner Chapel A.M.E. Church

Phone number of pantry - 602-253-8426
Hours of Operation of food bank- Tues, Fri 11:00-3:00

20 S. 8th St.
Phoenix, AZ, 85034

Trinity Broadcasting - His Hands Extended - KPAZ #21

Phone number of the pantry - 602-273-1479

Hours - Mon-Thu 1:00-4:00 p.m.

Physical Address - 3551 E. McDowell

Phoenix, Arizona 85008

Call for referrals to food assistance programs, banks, and even limited financial aid.

Whole Truth Community Development Organization

Phone Number - 623-780-0727

Hours of Operation - Tues 12:00-1:00; Sat 11:00-2:00

4628 S 7th Street

Phoenix, Arizona 85040

While resources are limited, emergency food boxes are offered at certain periods and only so many times per month. Or get information on employment services and self-sufficiency programs, resume review, and more.

Valley Christian Centers, Inc.

Telephone - 602-258-5163

Hours of food bank - Mon-Thu 8:00-2:00

Location address - 1326 W. Hadley St.

Phoenix, Arizona 85007

People of all income, backgrounds, and income can call for help.

Westward Ho CSFP650

Call to get hours of pantry - 602-258-6221

Hours of Operation - 2nd Fri of Month

Physical Address - 618 N. Central

Phoenix, Arizona 85004

Casa Maria

401 E 26th St.

Tucson AZ

Call - (520) 624-0312